



The Monroe Wrestling Club is open to youth wrestlers (boys & girls) in grades Kindergarten through 8th grade. The goal of the program is to expose kids to youth amateur wrestling in a positive environment. Practices will involve basic wrestling skills from three positions: top, bottom, and standing position. Conditioning, games, drills and live wrestling will help develop proper technique while keeping the practice atmosphere fun.

Parent Meeting / Registration: Sunday, October 20 @ 3:30pm in the M-Room of Monroe High School - Register your wrestler, hear about the upcoming season, get your questions answered as well as any other Q & A that needs to be addressed. We will also have donated wrestling shoes/headgear available (various sizes).

MWC Practices: PRACTICES START THE WEEK OF NOVEMBER 18! PRACTICES will be as follows:

- Grades K - 2: Tuesday and Thursday from 6:00-6:45 pm.
- Grades 3 - 8: Monday from 6:00-7:30 pm and Tuesday and Thursday from 7:00-8:30 pm.

ALL practices will be held in the Monroe High School Wrestling Room at 1600 26th Street - enter the M-Room doors (practices/times are subject to change)

Gavin Bredon Memorial Youth Wrestling Tournament: Sunday, January 26, 2025 (at Monroe High School)

- **Volunteering during the home tournament weekend is mandatory! NEW - MWC is offering a \$50 BUY-OUT for your expected volunteer hours ONLY. Deadline for BUY-OUT payment of \$50 is November 30!**

Registration Fee: \$200 - Fee includes USA Card, Team t-shirt & Gavin Bredon Memorial Youth Wrestling Tournament fee

** Wrestlers participating in MMS wrestling program - \$150 ** Family Multiple Wrestler Discount ** Financial Assistance Available **

REGISTRATION FOR YOUTH WRESTLING GRADES K - 8

NAME _____ PHONE _____

ADDRESS _____

CITY/STATE/ZIP _____

E-MAIL ADDRESS _____

GENDER _____ BIRTHDATE _____ AGE _____ GRADE _____

INDICATE ONE: FIRST YEAR WRESTLER _____ / NO. OF SEASONS WRESTLING _____ / TRIAL WRESTLER _____

(\$50 FOR FIRST 2 WEEKS OF PRACTICE)

USA CARD NUMBER (if wrestler already has one or need to renew your card) _____

TEAM T-SHIRT SIZE FOR WRESTLER (circle one): YOUTH: MEDIUM LARGE X-LARGE ADULT: SMALL MEDIUM LARGE X-LARGE

DAD NAME/CELL# _____ MOM NAME/CELL# _____

1. I hereby certify that my child is in normal health and capable of safe participation in the Monroe Wrestling Club. I hereby authorize the Monroe Wrestling Club, its staff and volunteers to obtain medical treatment for my child in the event that parent(s) cannot be reached.
2. I support the Monroe Wrestling Club philosophy, which is based on participation, fun, physical fitness and health, skill development, team work, fair play, family involvement and volunteer leadership.
3. The Monroe Wrestling Club uses pictures of participants for promotional reasons. If for some reason you do not want your child's picture or your own in a promotional photo for the Monroe Wrestling Club, please contact Heidi Witt.

Parent's Signature _____ Date _____

Emergency Contact _____ Phone # _____

FOR OFFICE USE ONLY

CHECK ONE:

Trial Period _____ Middle School _____
Multiple Wrestlers _____ Volunteer Buy-Out _____

Wrestler Registration Fee Paid - Check # _____ or Cash _____

****UNIFORM CHECK-OUT INFORMATION: SINGLET SIZE _____ / SHORTS SIZE _____ / JACKET SIZE _____**